



They are really caring people, and I trust them in my home. Transitions provides me a break from being the constant caregiver. I can leave knowing my mother will be cared for and I don't have to worry.

—Darlene

HOSPICE & HOME CARE OF ALEXANDER COUNTY, INC. believes in the beauty of living and the dignity of dying, while promoting and ensuring quality care for those in need of health services. The desire of HOSPICE & HOME CARE is that the patient and family will live life to its fullest with optimal comfort and support.



**HOSPICE
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of ALEXANDER
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HOSPICE & HOME CARE OF ALEXANDER COUNTY, INC. provides compassionate care to the terminally ill of our county without regard to race, sex, religion, disease, handicap, national origin, age or ability to pay.



**Transitions
Resources &
Supportive
Care**



**HOSPICE
AND HOME CARE
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TRANSITIONS of ALEXANDER COUNTY

Living with a progressive illness...whether it is your own or that of someone you are caring for...can seem overwhelming. There are so many changes taking place. So many medical care options and resources to consider. So many community services available to you that you may not even realize.

Transitions, a community service program provided by HOSPICE & HOME CARE OF ALEXANDER COUNTY, INC., offers a network of support. The program is designed to help individuals facing life-limiting illness and their families to find and utilize community resources, navigate through their health care system, and have practical support along the way. Transitions is offered at **no charge** to residents of Alexander and surrounding counties with a medical prognosis of a year or less who may still be actively seeking treatment for their illness.

Transitions utilizes case management services and trained volunteers to provide assistance with:

- Accessing and coordinating community services and resources
- Emotional support
- Chores and food preparation
- Breaks for the family and caregivers
- Friendship and companionship
- Guidance in discussing health concerns with family members

This unique program increases client communication with their caregivers and facilitates networking between providers to further enhance quality care.

HOW DOES ONE ACCESS TRANSITIONS?

Anyone can make a referral to Transitions: the client, a family member, a friend, or a physician. The Transitions Coordinator will contact the physician to determine eligibility, and then discuss the program with the client. Services are provided to the client in the comfort of their home, nursing home or assisted-living facility. Transitions is provided by HOSPICE & HOME CARE OF ALEXANDER COUNTY, INC., but is a separate program.

Quality end of life care and services are available to you in the comfort of your own home...in Alexander County, NC. For more information about hospice, transitions care, and advance care planning, contact HOSPICE & HOME CARE OF ALEXANDER COUNTY, INC. at 828.632.5026 or visit www.hospiceandhomecareofalexander.org.



How Can *You* Help?

BECOME A VOLUNTEER • There are many volunteer opportunities with Hospice services and the Transitions program. All volunteers receive in-depth training on how to care for and support patients and their families.

- **Direct Patient/Family Volunteers** give 1 to 3 hours per week sitting with a patient, socializing, and helping in any way that is agreeable to both the patient/family and the volunteer.
- **Bereavement Support Volunteers** continue the support of Hospice to the family for one year following the death of the patient by visiting, sending cards, and being a friend.
- **Volunteers** may serve on various Hospice committees.
- **Support Volunteers** by assisting with fund raising and public relations events.

INVOLVE YOUR CHURCH • Churches serve as a foundation for providing volunteers from various faiths in the community. If your church would like to be involved with Hospice, please contact the Hospice Volunteer Coordinator.

MAKE A DONATION • Monetary gifts made in memory or honor of persons, community efforts and businesses all help fulfill our mission to provide compassionate care to all patients and their families regardless of their ability to pay.